

# **MOMENTUM Bible Study Series**

## **Lesson One: Understanding Momentum.**

The sports announcer says, "Going into the all-star break, the Colts have the momentum." The headlines declare "Indiana Pacers Gaining Momentum." The coach pumps up his team at half-time, saying "You have the momentum; the critical need is that you use that momentum and bury them in this third quarter."

Momentum is a commonly used term in sports. A team that has the momentum is on the move and is going to take some effort to stop. A team that has a lot of momentum is really on the move and is going to be hard to stop. Momentum is a physics term; it refers to the quantity of motion that an object has. A sports team that is on the move has the momentum. If an object is in motion (on the move) then it has momentum.

Momentum can be defined as "mass in motion." All objects have mass; so if an object is moving, then it has momentum - it has its mass in motion. The amount of momentum that an object has is dependent upon two variables: how much stuff is moving and how fast the stuff is moving. Momentum depends upon the variables mass and velocity. In terms of an equation, the momentum of an object is equal to the mass of the object times the velocity of the object.

### **Biblical Momentum: Deuteronomy 1:6-8**

1. Why is momentum so important?
2. How do you determine if your momentum is in the right direction?
3. How do you use your momentum?
4. Why is it important to determine what momentum means to YOU?

#### **A) The importance of moving on . . . Deuteronomy 1:6-7a**

1. We have to discern when we have been a place or tolerated a thing long enough.
2. We must do the difficult work of breaking camp.
3. We must then make the effort to start moving.
4. Momentum only comes to our aid when we begin to move on

#### **B)The inspiration to move on: Deuteronomy 1:7b**

1. We have to see a higher purpose to have Biblical Momentum.
2. We have to recognize the ups and downs of Biblical Momentum.
3. We must endure changing conditions (desert, coastlands, rivers, valleys, foothills).
4. We must keep it moving. (Don't stop until you reach your goal).

#### **C)The Incentive to move on: Deuteronomy 1:8**

1. There is always a promise attached to Biblical Momentum
2. The promise is guaranteed, but you have to go get it
3. We must keep it moving. (Don't stop until you reach your goal).

**Conclusions:**

1. God doesn't want us to stop growing.
2. We will never finish what we never start.
3. The promises of God are the best incentive we could have to move.
4. The promise is guaranteed BUT we have to go get it.

**Response:**

1. Where have you been long enough?
2. Has God made a promise of better for you in that area of life?
3. What is preventing you from breaking camp and moving on?